

Perlane, Restylane, Juvederm, Belotero, Voluma Treatment Information

What are fillers?

Perlane, Restylane, Juvederm, Belotero and Voluma are clear, biodegradable gels containing hyaluronic acid, a substance found naturally in our skin. The products are naturally compatible with the body and require no skin testing prior to injection. The gel is gently injected into the skin in tiny amounts with a very fine needle. The result is instantaneous and produces a long-lasting, natural enhancement.

What areas of the face are normally treated?

Typical treatments provide a “mini lift” and can include: smoothing and contouring of smile lines or nasolabial folds; wrinkles at the corners of the mouth; acne scars; facial defects or depressions; restoring volume in and around the cheeks, and correcting asymmetric features.

How long will the treatment last?

Most patients treated with dermal fillers should look for a correction that lasts 6-9 months, depending on the product used. Voluma has been shown to last up to 2 years in some patients.

Does the treatment hurt?

A topical anesthetic can be used to reduce pain associated with this treatment. We recommend you arrive 30 minutes prior to your appointment to apply anesthetic ointment. A mild anesthetic can also be combined with the product to immediately reduce discomfort during the treatment. There will be some tenderness at the site of injection for approximately 48 hours. Tylenol can be taken for discomfort.

Are there any lingering effects of the treatment and when can I return to my normal activities?

The most common side effects include, but are not limited to, temporary injection-site reactions, redness, pain/tenderness, firmness, swelling, lumps/bumps, bruising, itching, and discoloration. As with all skin-injection procedures, there is a risk of infection.

Most side effects are mild or moderate and their duration is short lasting (7 days or less). Minor inflammation/swelling normally resolve within 24 hours, but have been reported to last as long as a few weeks. Makeup can be applied immediately after to cover minor bruising or redness that may occur. Most patients resume normal activities a few hours after receiving treatment. Minimize strenuous exercise and exposure to extensive sun or heat within the first 24 hours following treatment. Application of ice intermittently for a short period of time after the treatment will help reduce swelling.

Will the product become hard, calcified or noticeable to touch?

Immediately after treatment there is temporary swelling and firmness lasting on average two weeks, thereafter, it will soften and take on the characteristics of the surrounding tissue.

How safe are they?

All products are FDA-approved. The components have been used for over twenty years in other specialties of medicine. There have been minor complications reported by some patients where lumpiness or small nodules have occurred after treatment. Complications of this nature have normally resolved within two months.

What should I discuss prior to considering enhancement?

If there is any history of herpes on the face we recommend taking an oral antiviral pill prior to your treatment. Bruising risks can be minimized by avoiding aspirin, Advil, Aleve, Motrin, ibuprofen, ginkgo biloba, ginseng, concentrated garlic and alcohol for one week prior to treatment.

For more information visit:

restylaneusa.com (for Restylane and Perlane)
juvederm.com
juvederm.com/Views/voluma
belotero.com