## Should I have a cosmetic treatment performed if I am pregnant or nursing?

Any of the following cosmetic procedures can be done until the day of trying to get pregnant.

- Botox, Dysport, any toxin product
- Sculptra
- Belotero, Juvederm products, Radiesse, Restylane products
- Silicone
- Sclerotherapy

Once you think you are pregnant or become pregnant you should not get any procedures performed.

## What about if I'm nursing?

It is not recommended to have Sclerotherapy, Sculptra or a dermal filler treatment if you are nursing. If you wish to get Botox, Dysport or Xeomin it is recommended that you pump for at least 24 hours after the treatment and discard the milk.

## What about laser treatments?

Laser treatments, with the exception of laser hair removal on the bikini area, can be performed during pregnancy and breast feeding.

If you have questions, please call 212-675-0549.

